

Chris Teresa Varghese

St. Xavier's (Autonomous) College, Mumbai

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EDUCATION

St. Xavier's (Autonomous) College, Mumbai	BA in Psychology, Sociology and Anthropology	3.34	2017 - 2020 (<i>expected</i>)
Christ Junior College, Bangalore	Pre-University (12 th)	88%	2015 - 2017
Sacred Heart Girls High School, Bangalore	ICSE (10 th)	87.33%	2003 - 2015

SCHOLASTIC ACHIEVEMENTS

- Certificate of Academic distinction in Economics – ICSE Examination, First Place (2014-2015)

COURSE HIGHLIGHTS

- Social Psychology
- Developmental Psychology
- Indian Sociological Theories
- Contemporary Sociological Theories
- Sociological Themes and Issues
- Psychology of Gender
- Anthropology of Religion
- Culture Studies
- Ethnography in Anthropology
- Human Rights
- Botany (Cross Faculty Course)

PROFESSIONAL EXPERIENCE

- **Volunteered with Kshitij, a Mumbai based social organization (July- October 2017)**
Assisted and taught adults with intellectual disabilities to create exquisite hand-crafted items. Also assisted them in their daily fine motor skill exercises. (Mumbai Central, Maharashtra, Mumbai)
- **Volunteered with Cheshire Home, Bangalore (May 2014)**
Taught English and Geography to differently abled students from the 6th to the 8th grade. Apart from academics, also contributed to their holistic development through songs, dances and games.
- **Volunteered with the Social Service League, St. Xavier's College, Mumbai (2018)**
Actively participated with the monthly Project Paint, organized by the Social Service League of St. Xavier's College. A project that aims to beautify and restore under-funded school in Mumbai. (2018)

POSITIONS OF RESPONSABILITY

- **Blood Drive Secretary, Social Service League (SSL), St. Xavier's College (2018)**

As Blood Drive Secretary of the SSL my team and I organized the annual blood donation camp with Prabodhan blood bank and the blood bank of Breach Candy Hospital. The blood donation drive helped raise awareness about thalassemia, and the blood collected from our 402 donors went towards patients with thalassemia.

- **Organiser, Department of World Performing Arts – Malhar, St. Xavier's College (2018)**

As Organiser for Malhar, I was involved in the ideation, planning, and implementation of several performing arts competitions as part of the 3 day inter-collegiate annual competition and festival – Malhar.

CO-CURRICULAR ACTIVITIES

- Certification course in Basic Music and Choral Theory and Application (2016)
- Part of the Christ Junior College Choir (2015 – 2017)

SKILLS

- Speak, understand, read and write basic French, English and Hindi fluently
- Speak and understand Malayalam fluently
- Proficient in using MS Office
- Has developed skills of multi-tasking and time management by virtue of being a key organizer for both Malhar and Blood Drive while maintaining a good academic record
- Good communication, presentation and interpersonal skills
- Takes initiative and is a team worker
- Efficient and maintains punctuality in all activities

EXTRA CURRICULAR ACTIVITIES

- Part of the Press and Publicity team for the annual Indian Music Festival – Janfest with performances by Pandit. Hariprasad Chaurasia and Pandit. Shivkumar Sharma, organized by the Indian Music Group (IMG) of St. Xavier's College, Mumbai. (2019)
- Volunteer for Malhar, department of World Performing Arts and helped ensure the smooth execution of various events. (2017)
- Won several art competitions such as the 'Wealth out of Waste', 'Collage making' and 'Comic Strip' competitions held by the Department of Social Sciences – Spectrum of Christ Junior College, Bangalore (2016)